



# YogaHeart.com Order Form

Date of Order: \_\_\_\_\_

How did you hear about us? \_\_\_\_\_

**SHIP TO:**

**BILL TO:**  Same as my shipping address

Name \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone: \_\_\_\_\_ Email: (Receipt by email...NO SPAM!) \_\_\_\_\_

**ITEM(S) ORDERED:** *(Mail orders are DVD products only. VHS tapes must be purchased from our website with discount pricing.)*

NO.	DESCRIPTION	QTY	EACH	AMOUNT
77011	- Yoga for the Young at Heart (Basic Series 1 DVD)	_____	\$19.95	\$ _____
77041	- Accessible Yoga for Every Body (Basic Series 2 DVD)	_____	\$19.95	\$ _____
77051	- Every Day Yoga for Every Body (Basic Series 3 DVD)	_____	\$19.95	\$ _____
77061	- Publisher's Special (Basic Series 1, 2 & 3 DVDs) <b>SAVE!</b>	_____	\$49.95	\$ _____
77021	- Sitting Fit Anytime (DVD)	_____	\$19.95	\$ _____
77031	- Embracing Menopause (DVD)	_____	\$19.95	\$ _____
11011	- Yoga for the Young at Hear (Original Book)	_____	\$14.95	\$ _____
99071	- Flexura (Senior Supplements from Dr. Bernadette)	_____	\$24.95	\$ _____

SHIPPING & HANDLING: (US\$)				
No. of items >>	1	2	3	4
U.S.	5.95	7.40	8.85	10.30
Canada	8.95	10.40	11.85	13.30
International	12.95	14.40	15.85	17.30



SUB TOTAL \$ \_\_\_\_\_  
 Discount \$ \_\_\_\_\_  
 Shipping/Handling \$ \_\_\_\_\_  
**TOTAL ORDER: \$ \_\_\_\_\_**

**PAYMENT BY:** (Check one)  M/C  VISA  AMEX  CHECK

CC# \_\_\_\_\_ Exp \_\_\_\_\_ Security Code \_\_\_\_\_  
 (Last 3 digits on back of your card)

Please complete this form carefully and send to:

**YogaHeart  
 Order Department  
 19528 Ventura Boulevard, #608  
 Tarzana, CA 91356**

**Please allow 2 weeks  
 for processing of domestic  
 mail orders, and up to 6 weeks  
 for international mail orders.**

For faster delivery you may also use our SECURE shopping cart: [www.yogaheart.com](http://www.yogaheart.com)  
**Questions?** Please email us at [support@yogaheart.com](mailto:support@yogaheart.com) or leave a voicemail at 815-301-8997.