



# YogaHeart.com Order Form

Date of Order: \_\_\_\_\_

**SHIP TO:**

**BILL TO:**  Same as shipping address

Name \_\_\_\_\_

Name \_\_\_\_\_

Address \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

City \_\_\_\_\_ State \_\_\_\_\_ Zip \_\_\_\_\_

Telephone: \_\_\_\_\_

Email: \_\_\_\_\_

**ITEMS(S) ORDERED:**

No.	Description	Qty	Each	Amount
77011	- Yoga for the Young at Heart (Basic Series 1 DVD)	_____	\$19.95	\$ _____
77041	- Accessible Yoga for Every Body (Basic Series 2 DVD)	_____	\$19.95	\$ _____
77051	- Every Day Yoga for Every Body (Basic Series 3 DVD)	_____	\$19.95	\$ _____
77061	- Publisher's Special (Basic Series 1, 2 & 3 DVDs)	_____	\$49.95	\$ _____
44021	- Sitting Fit Anytime (DVD)	_____	\$19.95	\$ _____
77031	- Embracing Menopause (DVD)	_____	\$19.95	\$ _____
11011	- Yoga for the Young at Hear (Original Book)	_____	\$14.95	\$ _____
99071	- Flexura (Senior Supplements from Dr. Bernadette)	_____	\$24.95	\$ _____

SHIPPING & HANDLING: (US\$)				
No. of items >>	1	2	3	4
U.S.	5.95	7.40	8.85	10.30
Canada	8.95	10.40	11.85	13.30
International	12.95	14.40	15.85	17.30



SUB TOTAL \$ \_\_\_\_\_  
 Discount \$ \_\_\_\_\_  
 Shipping/Handling \$ \_\_\_\_\_  
**TOTAL ORDER: \$ \_\_\_\_\_**

**PAYMENT BY:** (Check one)

M/C     VISA     AMEX     CHECK

CC# \_\_\_\_\_ Exp \_\_\_\_\_ Security Code \_\_\_\_\_

(Usually last 3 digits on back of card)

Please complete this form carefully and send to:

**YogaHeart**  
**19528 Ventura Boulevard, #608**  
**Tarzana, CA 91356**

**Please allow 10 days**  
**for processing of**  
**mail orders.**

Questions? Please email us at support@yogaheart.com or call 818-883-0900.